

Supervision Documentation Examples

Parent-Child Interaction

Supervision & Professional Support	Family Progress Review
<p><u>Clinical</u> <i>"FSS and Sup. identified creative ways of supporting families who may be challenged to talk to their babies to promote improvement in the expression domain. FSS believes watching videos of other parents and their babies will resonate with many of the families on her/his caseload."</i></p> <p><u>Administrative</u> <i>"Reviewed HVR's to ensure CHEERS documentation is complete and strategies to support PCI are consistently noted."</i></p> <p><u>Reflective</u> <i>"FSS shared he/she feels frustrated when families don't seem to respond to interventions used to promote positive PCI. Explored this feeling with the FSS in order to promote realistic expectations for each family's change process."</i></p>	<p><u>Clinical</u> <i>"Reviewed CHEERS documentation and brainstormed reflective strategies that could be used to support growth in the empathy domain. Identified Explore and Wonder as a strategy to help build DAD's awareness of baby's experience."</i></p> <p><u>Administrative</u> <i>"Reminded FSS to note the use of 'Explore and Wonder' in the empathy domain of the HVR to ensure strategies to support PCI are documented."</i></p> <p><u>Reflective</u> <i>"Reflected on observations of the family and how DAD's physical interactions with baby look different from MOM's" to promote understanding of different approaches to holding."</i></p>

Family Goal Planning

Supervision & Professional Support	Family Progress Review
<p><u>Clinical</u> <i>"Encouraged FSS to consider how a family's beliefs and values can be used to support the family goal process. Discussed how this strategy can empower parents to set goals that reflect their own hopes and dreams for their family."</i></p> <p><u>Administrative</u> <i>"Reviewed Family Goal forms to ensure that progress towards goal attainment and/or changes to family goals are noted."</i></p> <p><u>Reflective</u> <i>"Reflected on instances where family goals seem unrealistic or unrelated to the family's pressing needs. Challenged FSS to consider how his/her own personal biases or expectations may be contributing to feelings of judgment towards a family's goals."</i></p>	<p><u>Clinical</u> <i>"FSS shared that MOM appears ambivalent about completing her goal. Helped FSS develop an approach to sharing resources with MOM in a way that supports her change process. FSS will offer the CA DMV Driver Handbook during the family's next HV."</i></p> <p><u>Administrative</u> <i>"Coached FSS on how to note progress towards goal achievement on HVR to prevent duplication of documentation."</i></p> <p><u>Reflective</u> <i>"Considered reasons why MOM might seem ambivalent about obtaining her driver's license to help FSS see things from MOM's perspective."</i></p>

Family Service Plan

Supervision & Professional Support	Family Progress Review
<p><u>Clinical</u> <i>“Discussed strategies for supporting families who may be experiencing multiple challenges at time of enrollment to help structure FSS’s plans for intervention.”</i></p> <p><u>Administrative</u> <i>“Reviewed FSP’s and HVR’s to ensure steps taken to address family needs are documented.”</i></p> <p><u>Reflective</u> <i>“Reflected on the stigma associated with parental substance use to normalize the discomfort of working with families who may be experiencing this challenge.”</i></p>	<p><u>Clinical</u> <i>“Modified FSP to reflect concerns noted on recent PHQ-9. Identified Mothers & Babies curriculum and referral to behavioral health services as strategies to address MOM’s mental health concerns (see FSP).”</i></p> <p><u>Administrative</u> <i>“Tracked steps taken to address MOM’s mental health concerns to ensure progress is documented and up-to-date.”</i></p> <p><u>Reflective</u> <i>“Processed FSS’s feelings about MOM declining a referral to behavioral health services to promote FSS’s ability to meet MOM where she is at.”</i></p>

Family Resilience and Opportunities for Growth Scale (FROG)

Supervision & Professional Support	Family Progress Review
<p><u>Clinical</u> <i>“Discussed ways to approach difficult topics with families to build comfort and confidence addressing these subjects.”</i></p> <p><u>Administrative</u> <i>“Reviewed inter-rater reliability for recent FROG to ensure all required topics are being covered with families.”</i></p> <p><u>Reflective</u> <i>“FSS raised concerns that some families ‘seem like they’re not telling the truth’ during the FROG conversation. Supported FSS in reflecting on her/his own experience discussing sensitive topics in supervision to highlight the parallel process and promote empathy for the experiences of new families.”</i></p>	<p><u>Clinical</u> <i>“Reviewed FROG. FSS shared that MOM and DAD didn’t provide much detail in the “Stresses” domain. Discussed ways to incorporate scaling questions with this family to promote skill in teasing out just how stressed a family feels about certain challenges.”</i></p> <p><u>Administrative</u> <i>“Review FROG and offered feedback related to scoring to ensure risk to the child is appropriately documented.”</i></p> <p><u>Reflective</u> <i>“Processed a challenging FROG and offered regulation strategies to help FSS remain present when discussing emotionally charged topics with this family.”</i></p>