

HFA Core Training: FROG Scale

Family Resilience and Opportunity For Growth

Week at a Glance



MONDAY

Self-Paced
Modules A, B, C

Discussion Boards

TUESDAY

LIVE Session 9am-12pm
Module D

Self-Paced
Modules E, F, G, H

Discussion Boards

WEDNESDAY

LIVE Session 9am-12pm
Module I

Self-Paced
Modules J

Discussion Boards

THURSDAY

LIVE Session 9am-12pm
Module K

Full FROG Scale
Practice in partners

Complete & Submit
the FROG Scale

Discussion Boards

FRIDAY

LIVE Session 9am-12pm
Module L

Complete
Course Evaluation

*Note: There is no live session on Monday.

Self-paced Modules A, B & C will take approximately 3 hours and must be completed before Tuesday's live session