



FROG Scale Training Virtual Agenda

Healthy Families is a relationship-based model, which means that building a relationship with each family becomes the foundation for the work we do with them. By inviting parents to share their stories with us, we engage them in the process of building the relationship. The most effective way of doing that is by having a conversation, since research shows that conversation builds trust—and trust is essential for a healthy relationship. The FROG (Family Resilience and Opportunities for Growth) Scale is a structured tool for learning another person’s story, understanding the strengths and challenges that affect that person, and setting the stage for a family’s entry into what will be a supportive, meaningful relationship as a part of Healthy Families.

What you need to know:

- The training will take place over four days, with three live sessions, some paired partner work, and about 11 hours of self-paced work. Staff should not have other work commitments scheduled during the days of the training that will interfere with the timing of the live sessions or the completion of self-paced modules.
- Each day of training, there will be a live session facilitated by your trainer at 12:00 pm Central time. You will join that session through the HFA Learning Management System website.
- In addition to each live session, there will be a number of self-paced activities to complete, including reading, videos, activities, discussion boards, and partner activities. You will not be able to connect with the next live session until the prior self-paced modules have been completed.

The times included in this agenda are **approximate**. We encourage learners to learn at their own pace and allow sufficient time to move through the training and time to integrate their learning into self-paced activities.

IMPORTANT NOTE: **There are three self-paced modules totaling three (3) hours of work that all learners must complete before the first live session on Tuesday.** Learners will have access to the course beginning on Monday, which will allow plenty of time to complete this work before the first Live Session. The trainer will be available to support learners beginning Monday via email if needed.

Tuesday

Module A	Self-Paced: Laying the Foundation	.5 hour
Module B	Self-Paced: Introducing the FROG	1.5 hours
Module C	Self-Paced: The Groundwork	.75 hour
Module D	Live Session: Protective Factor: Social and Emotional Competence	3 hours

Wednesday

Module E	Self-Paced: Protective Factor: Knowledge of Parenting and Child Development	.5 hour
Module F	Self-Paced: Protective Factor: Parental Resilience	1 hour
Module G	Self-Paced: Protective Factor: Social Connections	.75 hour
Module H	Self-Paced: Protective Factor: Concrete Resources	.5 hour
Module I	Live session: Protective Factors 2-5	3 hours

Thursday

Module J	Self-Paced: Phase 3: Closing the Visit and Documentation	1.5 hours
Module K	Live Session followed by Self-Paced: Paired Practice - Putting Your Skills to Work	4 hours

Friday

Module L	Live Session: Challenging Situations	3 hours
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