

# North County Referral Pathway Tool

## In Home Services for Pregnant and Postpartum Women – North Inland & North Coastal

- = Indicates programs primary focus
- = Indicates risk factors addressed
- = Indicates only pregnancy referrals but continue services postpartum

Client's Traits		Early Head Start Easter Seals/MAAC	North County First 5 First Steps (First Steps)	Public Health Nurse/Maternal Child Health (MCH)	Public Health Nurse/Nurse Family Partnership (NFP)	New Parent Support	Palomar Health Home Care (PHHC)	San Diego Adolescent Pregnancy and Parenting Program (SANDAPP)	Lifeline In-Home Program	Vista Hill Prenatal Case Mgt. (PCM)
Income	Any Income		✓					✓	✓	✓
	Below 200% Poverty Level		✓*	✓	✓					
Parent Age	Any Age	✓	✓	✓	✓	✓	✓		✓	✓
	23 and Below							✓*		
Race	Any Race								✓	✓
	U.S. Born African American									
Pregnancy Postpartum	Any Pregnancy	✓	✓	✓		✓		✓		✓
	1 <sup>st</sup> Pregnancy and less than 28 weeks				✓*					
	Postpartum	✓		✓		✓	✓	✓	✓	
Pregnancy Risks	Current/Recent Domestic Violence	✓*				✓*				
	No HS Diploma/GED						✓*			
	Substance Abuse									✓*
	Medical/Mental Risk Factors, and/or inadequate Access to Care Concern/Access to Care			✓*		✓*				
Postpartum Risks	Bonding	✓*	<input checked="" type="checkbox"/>	✓*	<input checked="" type="checkbox"/>					
	Current/Recent Domestic Violence		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				✓*	
	No HS Diploma/GED		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			✓*		
	Substance Abuse		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					✓*
	Medical/Mental Risk Factors, and/or inadequate Access to Care Concern/Access to Care		<input checked="" type="checkbox"/>	✓*	<input checked="" type="checkbox"/>	✓*	✓*		✓*	

\*See 0-5 tool for additional resources

Program Descriptions	In Home Services For Pregnant and Postpartum Women – North Inland & North Coastal								
	EARLY HEAD START	First 5 FIRST STEPS	PHN (MCH)	PHN (NFP)	NEW PARENT SUPPORT	PHHC	SANDAPP	LIFELINE	PCM
<b>Program's Focus/ Goal</b>	One-on-one parent education curriculum. Screenings and assessments to monitor child's development.	Prevent child mal-treatment. Nurture the development of healthy relationships between parent and child. Promote prenatal, early childhood, and family healthy development and well-being in at-risk and vulnerable populations that can benefit from additional support.	Improve access to healthcare and other resources for at-risk women and their children.	Improve pregnancy outcomes by assisting women engage in preventive health practices; improve child health & development by helping parents provide responsible competent care; and improve economic self-sufficiency.	Home visits to promote the healthy development of military families and prevent family violence by providing parent education, developmental screenings, emotional support, case management and referrals. Utilizes the Nurturing Parenting Program.	Home Health visits to improve medical and parenting outcomes for all newborns including high-risk babies.	Increase high school graduation rate, enhance parenting skills, and improve health outcomes.	Provides free support services to families including assessment, case management, and parent education that enhance the parents ability to promote healthy child development in a stable and nurturing home environment.	Case manage pregnant or parenting women with history of substance abuse or alcohol dependency.
<b>Eligibility Criteria</b>	Income eligible families with children 0-3 Easter Seals serves families living in cities of <b>Carlsbad, Encinitas, Solana Beach, Escondido, Poway, Ramona and Borrego Springs.</b> MAAC Project serves families living in the communities of <b>Oceanside, Vista, San Marcos, Rincon/Valley Center, Fallbrook and Camp Pendleton.</b>	Pregnant parents that meet one or more of the following criteria: - Low income (200%FPL) - Military - Immigrant/Refugee - Teen (ages 12 – 21)  Living in North Inland or North Coastal regions.	Prenatal risk factors that lead to poor birth outcomes e.g.: teens, domestic violence, substance abuse, little/no prenatal care. Postpartum risk factors including bonding issues, domestic violence, substance abuse, mental health concerns. High risk infants with medical problems.	First time mother Less than 28 weeks pregnant Low income  <b>**High School elective credit available for students attending Oceanside, Fallbrook, Vista, San Marcos, and Escondido Unified School Districts**</b>	Active military personnel and dependents who are pregnant or parenting a child 0-3 years of age. (0-5 for those attached to a Marine Corps base)  Available on or off the base	Postpartum  MediCal Eligible – includes pregnancy related MediCal  Requires Physician's order	Pregnant/ expecting or parenting youth (male or female) under age 23 at time of intake.	Program is open to community referrals if there is not a waitlist of referrals from Child Welfare Services	Substance or alcohol dependency issues in the last year.  Pregnant or parenting  Ages 12 and up, with children up to age 17.
<b>Program Capacity</b>	<b>Easter Seals</b> - 102 children <b>MAAC</b> – 286 including 50 pregnant women	150 families regionally (caseload driven)	180 families (caseload driven)	375 families		1,600 infants/year	Average of 200 families		165 families/year throughout San Diego County
<b>Service Duration</b>	Children are eligible until they age out of program by 3	Pregnancy until child is 3 yrs old Services are home based, in addition to parenting workshops and play group opportunities with other families	Until child is 18 months, but flexible depending on case and needs	Pregnant until child is 2 years old	Service duration is determined on a case-by-case basis.	Initial visit immediate post hospital discharge. Typically 1 visit. Additional visits based on medical necessity	Day of intake until High School Grad. Longer-term services may be available on a case-by-case basis.	Cases are open to Family Support Partner (case manager) an average of 6 months	Case management services offered for 18 months
<b>Method of Referral</b>  <b>*Preferred Method*</b>	<b>Easter Seals Intake</b> Sandy Clemente Call: (760) 743-1185x221 <a href="mailto:sandy.clemente@escoc.org">sandy.clemente@escoc.org</a> Ursula Macias Call: (760) 743-1185x222 <a href="mailto:ursula.macias@essc.org">ursula.macias@essc.org</a>  <b>MAAC Project Intake</b> Lead Family Service Worker Call: (760) 471-4210 Program Supervisor Jean Walech, EHS Manager Call: (760) 471-4210 <a href="mailto:jwalech@maacproject.org">jwalech@maacproject.org</a>	North County Intake Phone: (760) 739-3261 Fax: (760) 739-2835  <a href="http://www.firststepssd.org">www.firststepssd.org</a>	Persimmony Referral Portal <a href="http://www.persimmony.com/referralsd">www.persimmony.com/referralsd</a>  <b>North Inland</b> Debbie McIntosh, BSN, PHN Manager Call: (760) 740-3012 <a href="mailto:deborah.mcintosh@sdcounty.ca.gov">deborah.mcintosh@sdcounty.ca.gov</a>  Jessica Gaylord, RN, PHN Supervisor Call: (760) 740-3017 <a href="mailto:jessica.gaylord@sdcounty.ca.gov">jessica.gaylord@sdcounty.ca.gov</a>  <b>North Coastal</b> Audrey Lopez, BSN, MPH PHN Manager Call: (760) 966-3800 <a href="mailto:audrey.lopez@sdcounty.ca.gov">audrey.lopez@sdcounty.ca.gov</a>  Jessica Gaylord, RN, PHN Supervisor Call: (760) 966-3811 <a href="mailto:jessica.gaylord@sdcounty.ca.gov">jessica.gaylord@sdcounty.ca.gov</a>	Persimmony Referral Portal <a href="http://www.persimmony.com/referralsd">www.persimmony.com/referralsd</a>  <b>North Inland</b> Debbie McIntosh, BSN, PHN Manager Call: (760) 740-3012 <a href="mailto:deborah.mcintosh@sdcounty.ca.gov">deborah.mcintosh@sdcounty.ca.gov</a>  Bea Moniz, RN, PHN Supervisor Call: (760) 740-3016 <a href="mailto:bea.moniz@sdcounty.ca.gov">bea.moniz@sdcounty.ca.gov</a>  <b>North Coastal</b> Audrey Lopez, BSN, MPH PHN Manager Call: (760) 966-3800 <a href="mailto:audrey.lopez@sdcounty.cva.gov">audrey.lopez@sdcounty.cva.gov</a>  Carolyn Jaffe, MSN, PHN Supervisor Call: (760) 966-3806 <a href="mailto:carolyn.jaffe@sdcounty.ca.gov">carolyn.jaffe@sdcounty.ca.gov</a>	NPSP Camp Pendleton Intake Call: (760) 725-3884 Fax: (760) 725-9571	Intake Specialist Call:(760) 796-6874 Fax: (760) 796-6855  Clinical Supervisor Mary Bussen, RN (760) 796-6891  <a href="mailto:Mary.bussen@pgh.org">Mary.bussen@pgh.org</a>  <a href="http://www.pgh.org">www.pgh.org</a>	Intake Specialist Call: (619) 235-5000 Fax: (619) 696-5127  <a href="http://www.sandi.net/sandapp">www.sandi.net/sandapp</a>	Intake Coordinator Hortencia Sanz (760) 842-6220  Preferred method of referral: through Child Welfare Services Social Worker	Program Coordinator Call: (619) 668-4265 Fax: (619) 668-4264  <a href="http://www.vistahill.org">www.vistahill.org</a>

